



# SIERRA HILLS

## Branch 79 Newsletter



**HONORARY LIFE MEMBERS: Dave Blitstein - Don Dill - Joe Dydynski - Bill Heale - Craig Saunders**

### Big SIR - Jack Meylink

Fellow SIR, Looking back at my last couple articles I realize that I may have come across with a message of doom and gloom regarding our membership dropping. We experienced roughly a 10% drop as a result of cleaning our roster of people that were not attending meetings and not responding to phone or written requests for updates. This is not something we like to do, but is necessary from time to time in order to make sure that those on our roster are active members. Remember that our branch pays a quarterly fee to the state organization of \$1.50 for each active member on our roster so it is important to keep the roster up to date to avoid paying fees for people that are no longer participating.

I also realize that at times our monthly luncheon at the Elks lodge can seem over crowded and perhaps a little downsizing is a good thing. But new members are necessary to keep up with attrition. We as a group continue to grow older and people drop out for health reasons or because they can no longer keep up with the activities. So, please, keep bringing in friends, neighbors, etc as guests with the goal that they will join our ranks and keep branch 79 a viable organization.

On the subject of luncheon attendance please keep in mind that if you are having transportation issues with luncheon attendance you can always give me or Terry Doan (Sunshine) a call and we will find a way to help get you to the luncheon. We usually have about 30-40 people a month who do not attend luncheon and do not call Bill Heale in advance. For that reason we plan to start up the practice again of making some reminder phone calls to those that fall into this category.

At our July luncheon David Blitstein was presented with the SIR Honorary Life Membership award by Past State President Don Dill. Joining Dave for this presentation was his wife Marilyn. Each SIR branch is limited in the number of HLM recipients it can have based on the total number of members in the branch. Dave joins Craig Saunders, Joe Dydynski, Bill Heale, and Don Dill as active HLMs from branch 79.



*Marilyn and Dave Blitstein with Don Dill*

As always I hope to see you at the luncheon on August 17th and/or at one of the many activities we have planned. By the way we will have a group of 20+ traveling to the River Cats game on the 22nd. That's assuming that all returns to normal the day after the moon blocks out the sun.

### Little SIR - Don Bull

Recently I spent about 5 weeks living in a retirement community in Florida. Everyone is 55 years old or older--- some very nice people. But with very few exceptions they did nothing together. I look at that in contrast to SIR.

While the average age is the same we are much more active, and we don't live within a home run of each other. I believe the SIR activities count is 24-26 of different types of events and more are being added. So what is the difference? IMHO its the people we have here. Everything is not left to one person to do, the BEC meetings are usually 12-15 people or more, all trying to make our Branch 79 better.

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**VOLUME 37 • NUMBER 8  
AUGUST 2017**



**BIG SIR**  
Jack Meylink



**LITTLE SIR**  
Don Bull



**MEMBERSHIP**  
Mike Brink

**LUNCHEON ABSENCE  
CALL DEADLINE  
Monday, August 14, 2017  
CALL BILL HEALE  
(530) 477-1647**

**NEXT LUNCHEON:  
Thursday, August 17, 2017  
Fellowship - 11:00 a.m.  
Call To Order - 12:00 p.m.  
Menu: Chef's Choice**

**August Program:** Dr. Bob Welti will present "Space Control", protecting our space assets while denying our adversaries of theirs. He will discuss Space Warfare, Battle Space, Space Assets, Adversaries, Threats, Cube Sats, Space Plane, and future Space Fighters. He will discuss the need to prevent a Space War, where no one wins, and instead continue a policy of Deterrence. Welti's career spans over fifty years in aerospace and software systems working on satellite and telecommunications.



**September Program:** Donna Arz, Phd, will tell us about the Forgotten Soldier Program (FSP) in Auburn. FSP started in December of 2005 to help veterans and their families. Over the past 10 years FSP has helped 22,000 veterans and their family members. Their goal is to help overcome moral injuries, TBI, PTSD, and MST (military sexual trauma). FSP's team assists veterans in the healing process through Holistic Therapy, Educational Programs, and other resources.



**79er Wine Trail** - Dave Blitstein

Hello 79er Wine Trail followers. Thanks for coming to the CROOKED LANE BREWERY last month. This month we'll be stretching our circle of wineries to visit going to SECRET RAVINE WINERY AND VINEYARD in Loomis, they are located at 4390 Gold Trail Way, that's off of Horseshoe Bar. The tasting will be 1-3pm on the 29th. There will be a \$10 tasting fee, but a 15% discount on all wine, I will collect the fee at our luncheon. This is a very pleasant family owned and operated winery. Owners Ron and Vicky Morris have been doing this since the 90's. They have a nice selection of wines and their Italian varietals are outstanding. Vicky will be doing the presentation, she will also provide us with a selection of specialty cheeses with crackers. If you feel bringing an appetizer that would be okay too.



**Dining Out** - Craig Saunders

Our Dining Out this month is at the Happy Wok, 352 Elm Avenue, Auburn, Ca. Time is 5:30 - 7:30PM, Wednesday Night. Menu ordering, plenty of parking area and easy access to restaurant. Date is August 23, 2017. Space limitation is 46 people. Sign up at our August luncheon on August 17, 2017. I'll send more info as time nears to Dinner date.

**Bocce Ball** - Pete Thompson and Dan Sutkaitis

We still meet at ARD Recreational Park Wednesday and Friday at 8:00 AM. Spouses and friends are welcome. Penn Valley is having a Bocce Ball tournament on Sept 23. Cost is \$160.00 per team and it includes breakfast and lunch. For more information please contact Jack Meylink.

**Tournament Golf** - Phil Bolander

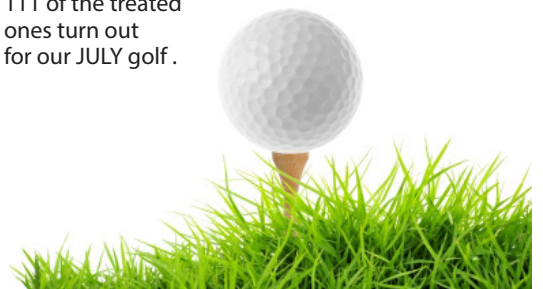
Greetings to all 79er golfers: We have arrived to our last 4 tournaments left in the year. It has gone by fast. Now we have to start thinking about some players to fill in 3 positions for next year. We need an AREA 33 chairman, a branch 79 chairman and an area 33 treasurer. As it stands there is no one stepping up to fill these positions and without these I'm afraid that SIR golf will no longer exist for area tournaments. I have worked these 3 positions this year and my wife has said slow down so I am. I will be more than able to help anyone to ease into a position which doesn't require too much time as long as it's organized. Let the big or little SIR know so we can fill in the blanks.

I have heard from various players that they will not play in any more SIR tournaments because of slow play and the one that gets me "I can't win so I'm not playing". First of all, remember we are seniors so we are slow. Some of us are faster than others but what's the hurry. Of course everyone likes to win and that is our nature but is that the only goal we can attain? No, we enjoy the company of our fellow golfers and the fact that we are still on the right side of the grass. Let's forget the negative stuff and enjoy what we have left while we can. OK, I'll get off my soap box now.

Our next event is at Auburn Valley on August 21st. It is a 2 man scramble with a 9am shotgun start and by the time 10:15 rolls around we will be witnessing an eclipse of the sun. Now, how cool is that. The cost is \$40 pp and we are hoping for a nice prize fund to go along with 2 ctp and 1 long drive. Of course the prize fund depends on the amount of entries but I'm sure we will have a fine day.

**Friday Golf** - Bill Heale

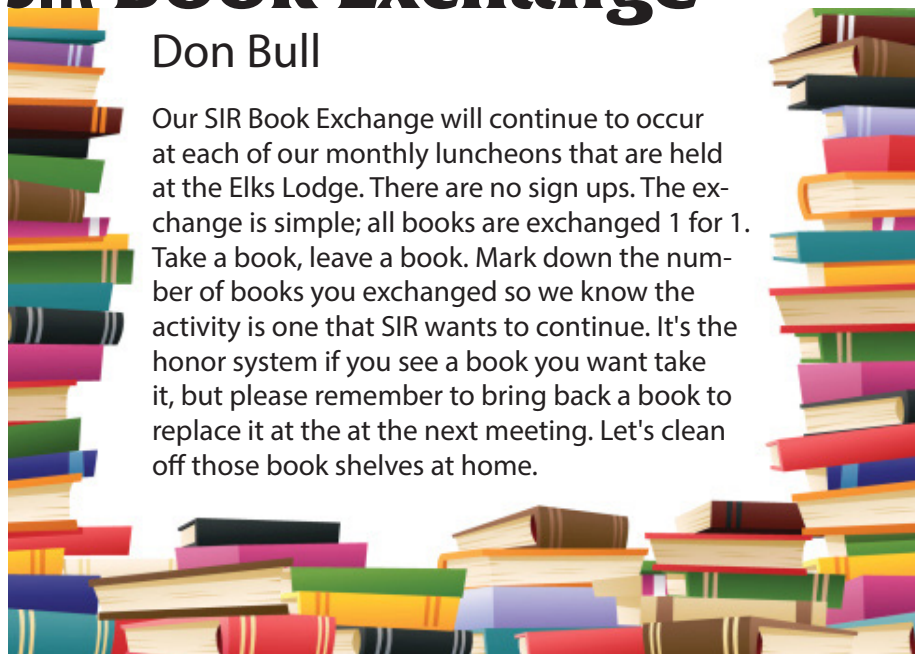
Friday 7 / 7, ctp #2 Tony Oliveira 2'2", #3 long drive Don Dill, #4 Bob Bells 10", #7 ctp Phill Bolander, chip in, WOW. Friday 7 / 14 /, ctp #2 Steve Bluestein, #3 Long Drive, Steve Bluestein, ctp #4 Craig Saunders, ctp #5 Terry Pederich ... Friday 7 / 21, ctp #1 Dave Dunlap, 10'5", ctp #4 Joe Argo 1'5", ctp #7 Jim McCrary 12'3", ... Friday 7 / 28, ctp #2 Phil Bolander 2'10", #3 long drive, Terry Pederich, ctp #4, Craig Saunders, 4'8", ctp #5, Craig Saunders ..... All above players received \$5.00 for each win GOOD GOING GUYS!! AND REMEMBER, 25% OF THE MEN THAT CONSIDER THEMSELVE AVID GOLFERS ARE ON MEDICATION FOR SOME TYPE OF MENTAL ILLNESS, THATS SO SCARY, IT MEANS 75% ARE OUT THER RUNNING AROUND UNTREATED! We had 111 of the treated ones turn out for our JULY golf.



**SIR Book Exchange**

**Don Bull**

Our SIR Book Exchange will continue to occur at each of our monthly luncheons that are held at the Elks Lodge. There are no sign ups. The exchange is simple; all books are exchanged 1 for 1. Take a book, leave a book. Mark down the number of books you exchanged so we know the activity is one that SIR wants to continue. It's the honor system if you see a book you want take it, but please remember to bring back a book to replace it at the at the next meeting. Let's clean off those book shelves at home.





## Bowling - Tom McEntee

SIR's Round Robin June & July 2017

Busy summer schedules have severely curtailed branch 79 participation in the monthly round robin events for June and July. In June none of our bowlers made the trip to Yuba City and only two trekked to Paradise in July. However, both of our bowlers were in the money! SIR Roy Guy placed second in the low-division scratch game category with a 215. SIR Bob Towers placed third in the high-division scratch game category with a 193. I wonder if they missed our guys taking the money in June - LOL!

### Yuba City Branch 45 & 109 Annual Bowling Tournament Nu Generation Bowl Yuba City 7/10/2017

Singles Event	Game 1	Game 2	Game 3	Hdcp	Series
Dave Aulbach	184	178	248	141	751
Joe Caruso	197	192	212	120	721
Don Launius	173	201	162	162	698
Bob Towers	153	172	164	120	609
Ken Launius	147	155	162	132	596
Harvey Easley	181	136	164	90	571
Doubles Event	Game 1	Game 2	Game 3	Hdcp	Series
Joe Caruso	167	180	150	120	617
Harvey Easley	225	205	184	90	704
Dave Aulbach	157	180	154	141	632
Bob Towers	168	189	141	120	618
Ken Launius	132	148	169	132	581
Don Launius	186	146	139	162	633
All Events	Singles	Doubles	Scratch	Hdcp	Total
Joe Caruso	601	497	1098	240	1338
Harvey Easley	481	614	1095	180	1275
Bob Towers	489	498	987	240	1227
Dave Aulbach	610	491	1101	282	1383
Don Launius	536	471	1007	324	1331
Ken Launius	464	449	913	264	1177

SIR Pollock Pines



### Annual Bowling Tournament Knotty Pines Lanes, Pollock Pines 7/22-7/25 2017

Singles Event	Game 1	Game 2	Game 3	Hdcp	Series	
Roy Guy 199	169	182	210	760		
Joe Caruso	194	173	192	135	694	
Dave Aulbach	182	209	139	159	689	
Bob Towers	217	148	168	135	668	
Ken Launius	166	191	151	147	655	
Don Launius	157	151	156	183	647	
Tom McEntee	189	150	142	165	646	
Harvey Easley	169	205	164	102	640	
Doubles Event	Game 1	Game 2	Game 3	Hdcp	Series	Total
Tom McEntee	152	233	193	165	743	1474
Roy Guy	122	221	178	210	731	
Don Launius	198	157	233	183	771	1451
Ken Launius	176	194	163	147	680	
Harvey Easley	193	157	179	102	631	1332
Joe Caruso	179	195	192	135	701	
Bob Towers	151	181	144	135	611	1285
Dave Aulbach	175	172	168	159	674	
All Events	Singles	Doubles	Scratch	Hdcp	Total	
Roy Guy	550	521	1071	420	1491	
Don Launius	464	588	1052	366	1418	
Joe Caruso	559	566	1125	270	1395	
Tom McEntee	481	578	1059	330	1389	
Dave Aulbach	533	515	1048	318	1366	
Ken Launius	508	533	1041	294	1335	
Bob Towers	533	476	1009	270	1279	
Harvey Easley	538	529	1067	204	1271	

Our bowling group currently bowls at Rocklin Bowl on Fridays at 12:30 PM. This is a non-USBC sanctioned event and is open to all seniors. There are several ways to earn a few bucks without going into hock to play. It is a great way to spend the afternoon and meet some new people.

## Fishing Group

Tom Beale



Hello Fishing Buddies. Whew, this weather is *HOT*. All the fish are going to the deeper and cooler places of any lake. That makes it difficult to get to them now. Three of us went to Sugar Pine Reservoir, (son, neighbor and myself) July 27th and caught 13 fish. Two friends of mine and myself went to Sugar Pine again on July 31, and caught limits, 5 apiece, for a total of 15 fish. They were of no size (9" to 12" each), probably all planters, but none the less made for a good day of fishing.

We, as a group, are trying to set up a Fall Fishing trip to either Almanor Lake or Davis Lake. Details will follow at the next fishing club meeting. If the trip is to Almanor, it will be at the PG & E facility in Pratteville at Lake Almanor. Terry Detrich is gathering all the information for the Almanor trip. The information for the Davis Lake trip is being assembled by Ron Deberard. Input and commitment has to be provided by all interested members.

I am sad to report that we have lost another original member of the fishing group. Ivan Ichtters passed on July 22nd. There will be a celebration of life for Ivan on August 11th at 1:00 pm at the Auburn Valley Country Club. I Hope Ivan found a great fishing spot.

Fishing group meets the second Thursday of each month at Denny's Restaurant on Auburn Ravine Road, at the Foresthill Exit, just off I-80 at 8 a.m. Hope to see you there.



# happy birthday!

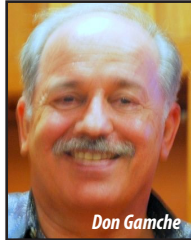
Dennis Beverage, Stan Bishop, Dave Blitstein, Joe Caruso, Steve Cottrell, Stan Cutright, Don Goode, David Landry, Paul Rosenthal, John Scott, Bruce Thorson, Bob Tutton

## Lunch Report - Bill Heale

Hello everybody, HOW ABOUT THEM RIBS, wow some good food, hats off to the chef. OK lets put up some numbers, Rooster count, 108. Excused absents 34, unexcused/absent 37, guests 4, visitors, inactive 7, emeritus 2. Total lunch count 111.

## Membership - Mike brink

July was a difficult month for Branch 79 with respect to membership. We lost 16 members due to roster clean-up and normal attrition. While we do not take any pride in terminating non-performing members it is necessary to identify and contact those members to determine their status. Every effort was made to determine these members status prior to the board taking the action we did. We received no responses from the members in question.



Don Gamche

I am pleased to report that in August we are adding three new members and losing four. Because our attrition rate is so unpredictable, it is important to continue our recruitment effort to add new members monthly. **New member Don Gamche and his wife Judy** reside in Auburn. Don retired in January of this year as a support engineer from Varian Medical Systems. Don lists some of his interests as antique cars, dining out and wine tasting. His sponsor is Gary Ingebretson. (Active members 184; Inactive members 8; BR 79 total 192)

### LITTLE SIR... *Continued from page 1*

Unlike most organizations, that I am aware of, SIR it's not 10% of the people doing 90% of the work. Still activities are not for everyone, some members may not participate in activities other than lunch. I fear however that some members may want to be more involved but are afraid that IF they become more involved they will become overloaded. I have found that is not the case. Outside of the activities themselves, a single position usually takes just a few hours a week. There seems to always be someone available to step up and help if help is needed. But without new additions to the activity groups as well as the officer's and BEC, membership loses and life changes limits what SIR 79 could provide to the membership.

With that said our SIR Branch needs a little help, We need to have a Little Sir for next year and have to identify that person by the next luncheon (August). We also need a Travel and a Arts and Entertainment Chair if those activities are to continue. Anyone interested Please contact any of the officers.

## Sunshine - Terry Doan

Lee Livingston is home after having heart surgery. Mac Jenness is recovering from his heart surgery also. We wish them both a speedy recovery. Terry Doan is going into the hospital for bladder cancer surgery. Your prayers would be helpful.

### DECLARATIONS

**Luncheon Attendance:** When a member is unable to attend the Thursday meeting he should notify the Attendance Chairman no later than the 3rd Monday prior to the Thursday luncheon.

**Attendance Rule:** Regular members missing three (3) consecutive meetings without notifying the Attendance Chairman and giving a valid reason or attending less than six (6) meetings within the past twelve (12) months, shall be notified of pending termination. Certification of attendance at another Branch Meeting is considered a credit. Excused meetings cannot be included to achieve the minimum attendance requirement. (Rule 100)

**Prospective Members:** Must attend a Luncheon and be introduced by a sponsor to the general membership prior to being accepted as a new member of the branch. (Rule 67).

**Non-Responsibility Clause:** All travel activities arranged for or by Sons In Retirement, Inc. and its Branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its Branches do not assume responsibility for the well being or safety of the participants or passengers, or their property, in any matters pertaining to said travel and other activities. (Rule 345)

### BRANCH 79 OFFICERS

Big SIR: Jack Meylink	(530) 305-9112
Little SIR: Don Bull	(530) 999-1076
Secretary: Ron Markham	(530) 889-8580
Treasurer: Steve Bluestein	(213) 926-7303

### BRANCH COMMITTEE CHAIRMEN

Chaplin: Karl Simon	(530) 320-7588
Clothing: Ralph Sutton	(530) 878-0414
Database: Rick Sale	(916) 792-3313
Greeters: Tom Parks & Ron Deberard	
Membership: Mike Brink	(209) 470-0331
Newsletter: Jay Hansell	(530) 368-2850
Opportunity Drawing: Harvey Easley	(530) 823-5988
Photographer: Lynn Hartford	(530) 320-8730
Speakers: Jay Hansell	(530) 368-2850
Sunshine: Terry Doan	(530) 878-2742
Webmaster: Milo Schauer	(541) 580-7747
Wine Steward: David Blitstein	(530) 615-1297

### BRANCH 79 ACTIVITY CHAIRMEN

Bocce Ball: Pete Thompson	(530) 823-7383
Dan Stukaitis	(408) 396-2895
Bowling: Tom McEntee	(530) 889-0605
Classic Cars: Gary Beckes	(919) 789-0347
Computer: Milo Schauer	(541) 580-7747
Dining Out: Craig Saunders	(530) 268-9668
Fishing: Tom Beale	(530) 878-0301
Friday Golf: Bill Heale	(530) 477-1647
Tournament Golf: Phil Bolander	(530) 745-9874
Learn & Lunch: Stan Bishop	(530) 823-8016
Men's Cooking: Bob Lemmon	(530) 477-8507
Travel: Phil Bolander	(530) 745-9874
79er Wine Trail: Dave Blitstein	(530) 274-2100

### STATEWIDE NEWSLETTER SIR HAPPENINGS

For the the latest edition visit  
[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)  
It covers SIR state organizations and  
other SIR branches.  
Region 9 Director. Mark Stuart  
Area 33 Governor, Bob Hegle

### SIR BRANCH 79 INFORMATION

**Executive Committee Meeting**  
First Thursday of each month  
7:45 a.m. at Black Bear Diner  
Lincoln Way in Auburn  
(I-80 at Foresthill Exit)  
**Branch 79 Newsletter Editor**  
[sir79newsletter@gmail.com](mailto:sir79newsletter@gmail.com)  
**Branch 79 Web site**  
[www.sir79.org](http://www.sir79.org)